



Warwickshire Health and Wellbeing Strategy

Introduction



Councillor Les Caborn, Chair of Warwickshire Health & Wellbeing Board

The Health and Wellbeing Strategy is the overarching plan for improving health outcomes for Warwickshire residents. It is owned by Warwickshire's Health and Wellbeing Board, a collaborative partnership bringing together senior leaders from the county's Clinical Commissioning Groups and providers, the county, borough and district councils, Warwickshire CAVA, Healthwatch, NHS England, and the Police and Crime Commissioner.

The Health and Wellbeing Board provides a county-wide approach to improving local health and social care, public health and community services, to address the wider determinants of health, reduce health inequalities and strengthen our communities. It has a statutory responsibility to understand current and future health and social care needs through the Joint Strategic Needs Assessment, to promote partnership working and integration, and improve commissioning and delivery of services.

The 2018 refresh of the Health and Wellbeing Strategy reflects the progress made since 2014, and responds to the rapidly changing context for health and social care. In particular, the refreshed Health and Wellbeing Strategy is aligned to the work of the joint Coventry and Warwickshire Health and Wellbeing Boards (the 'Place Forum') with a greater focus on prevention, a better understanding of local needs, and a more integrated approach to health and care across partners.

It is encouraging to see that health and wellbeing has improved in many areas across Warwickshire over the lifetime of the Health and Wellbeing Strategy from 2014 to



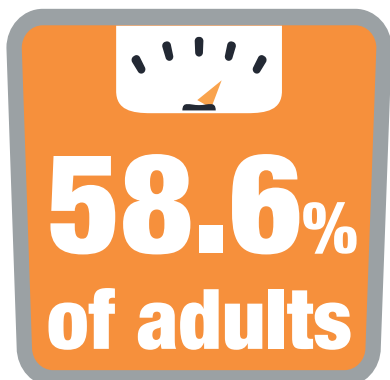
2018. Generally health in Warwickshire is good compared to the England average. On average, people live longer for both males (79.9 years) and females (83.6 years). The annual reviews have reflected the breadth of improvements made with partners across the health and care system.

We now have fewer children living in low income families, more children achieving a good level of development at the end of Reception, more young people are achieving GCSEs and are in education, employment or training, fewer young people are entering the justice system, and there are fewer

teenage conceptions. More adults are keeping physically active, fewer people are smoking, delays during transfers of care have reduced, and more people are staying at home after being discharged from hospital. More service users feel they have control over their lives, and report it is easier to find information about support.

However, there is still much more to be done. In line with the national trend, life expectancy is starting to reduce and people are spending more years in poor health - on average 14 years for men and 17 years for women.

The gap is even more marked for those living in deprived areas. We need to change lifestyles and behaviours that contribute to ill health, around what we eat and drink, our physical activity, and how we look after our mental wellbeing.



in Warwickshire are classified as overweight or obese

Warwickshire has more hospital admissions for alcohol specific conditions than the national average.



More children are being admitted to hospital for injuries than the national average.



Too many people are resorting to suicide, and more adults are accessing mental health services.

Our Priorities:

We will continue to focus on the high level priorities as we move forward:

- 1.** Promoting independence
- 2.** Community resilience
- 3.** Integration and working together

These are priorities for all partners of the Health and Wellbeing Board. We all have a part to play in promoting the importance of prevention and wellbeing.

What do these priorities mean in more detail...

All of these issues impact on families and workplaces, and put pressure on health and social care services which are already stretched. Our aim must be to narrow that gap so that Warwickshire residents live most, if not all, of their lives in good health.

This refreshed strategy aims to have a sharper focus on prevention, early intervention and self-care to help people stay healthier for longer, and target the areas that need most support.



Priority 1: Promoting independence for all:



Independence is important throughout life, to prevent ill-health, disability and dependence on services. A greater focus on prevention, self-care and early intervention is vital at all stages of life to support people to be more independent.

Our priority areas:

1 Help our children and young people get the best possible start to life. We will work together in partnership to focus on the support we can give to families and communities through our Early Help Strategy and our Education Strategy for 2018-23. Key areas of focus include: Reducing smoking during pregnancy, improving GCSE attainment and numbers of young people in employment education or training, reducing teenage conceptions (particularly in Nuneaton and Bedworth), and working with partners to reduce hospital admissions of 0-14 year olds.

2 Enable people to effectively manage and maintain their physical wellbeing. We will focus on: Improving life expectancy and healthy life expectancy particularly in more deprived areas, helping people maintain a healthy weight (particularly for children starting school, and adults in North Warwickshire and Nuneaton and Bedworth), and reducing smoking.

3 Improve people's mental health and wellbeing. We will focus on: Improving prevention and early intervention for people with mental illness and dementia, and reducing the rate of suicide (particularly in Warwick and Nuneaton).

4 Enable older people to keep well and live independently as they grow older. We will focus on: Improving life expectancy and healthy life expectancy for people over 65 with greater prevention and early intervention work, providing more timely effective care in the community leading to reduced hospital admissions, and continuing to improve transfers of care.



Priority 2: Community resilience:



Communities are important for physical and mental wellbeing, where people support each other, and feel able to influence decisions about their area. Social isolation, unemployment, financial or relationship problems make it harder for people to cope. Strong communities are needed with local people developing support networks and having a role in planning the services they need.

Our priority areas:

1 Support our communities, enabling people to better care for themselves. We will focus on: Making it easier for people to access information about support available, and helping people feel they have greater control over their lives.

2 Empower individuals and communities to take control and responsibility for their own and the community's health and wellbeing. We will focus on: Improving access to information on health and wellbeing, and promoting local services available in communities. The Year of Wellbeing 2019 will be key in this area.

3 Facilitate communities to take ownership of shaping and transforming local services. We will focus on: Bringing commissioning and community organisations together to help improve and deliver services.



Priority 3: Integration and working together:



Services across sectors need to work together to provide support as effectively and efficiently as possible, and with a greater focus on prevention and early intervention.

Our priority areas:

1 Support people to remain healthy and independent, in their own homes for longer. We will focus on: Providing more proactive care out of hospital and reducing emergency admissions, and reducing the time spent unnecessarily in hospitals.

2 Improve data sharing, IT infrastructure and health and social care governance. We will focus on: Better sharing of data across organisations so people can have more 'joined up care'.

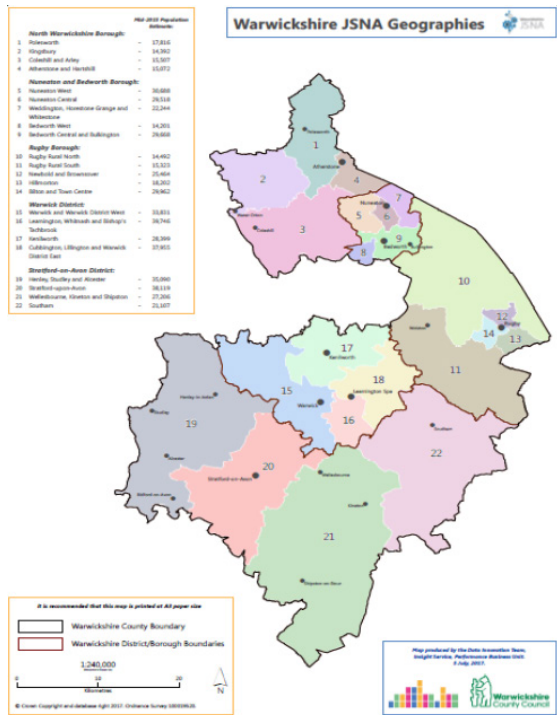
3 Improve partnerships across the wider social determinants of health. We will continue to focus on: Improving housing, community safety, education and employment to support health and wellbeing.



Delivering our Statutory Duties

Understanding Health and Wellbeing Needs

The **Joint Strategic Needs Assessment (JSNA)** provides valuable information on health and wellbeing needs across Warwickshire. Up to 2017, the JSNA was based around themes, for example mental and physical wellbeing. In 2017 we moved to a place-based approach, bringing together evidence from a range of partner sources to help us understand health needs and inform the commissioning of services more at a local level. A 'profiling tool' was introduced in September 2017 providing an overview of each area, and the rollout of place based needs assessments began in Atherstone. This approach is being introduced across Warwickshire from 2018 to 2020 across 20 areas, as shown in the map below:



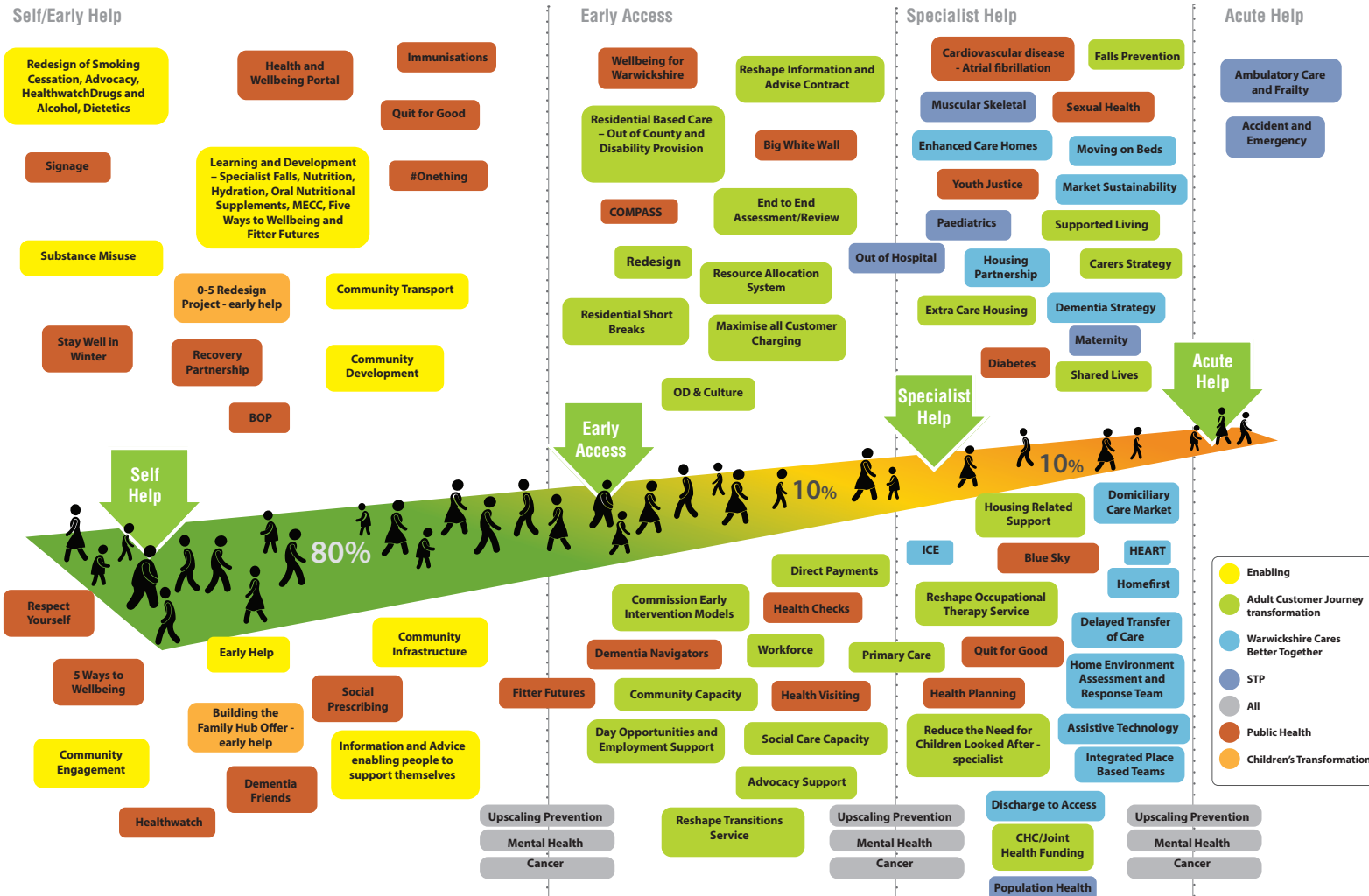
Pharmaceutical Needs Assessment

The **Pharmaceutical Needs Assessment (PNA)** looks at the pharmaceutical services provided in Warwickshire, including dispensing of prescriptions by community pharmacies, dispensing GPs and other providers, and other services available from community pharmacies. The last PNA was carried out in 2017-18 and showed pharmacy provision is sufficient, but there were local variations. A Pharmacy Steering Group has been set up to progress and monitor the recommendations.

Endorsing commissioning intentions

Each year commissioners are required to set out their priorities for the coming year and how they will improve the health of the communities they serve. In Warwickshire, the three Clinical Commissioning Groups (CCG's) are Warwickshire North, South Warwickshire and Coventry & Rugby. The last commissioning plans were all endorsed by the Health and Wellbeing Board in September 2018.

Working together to achieve our priorities



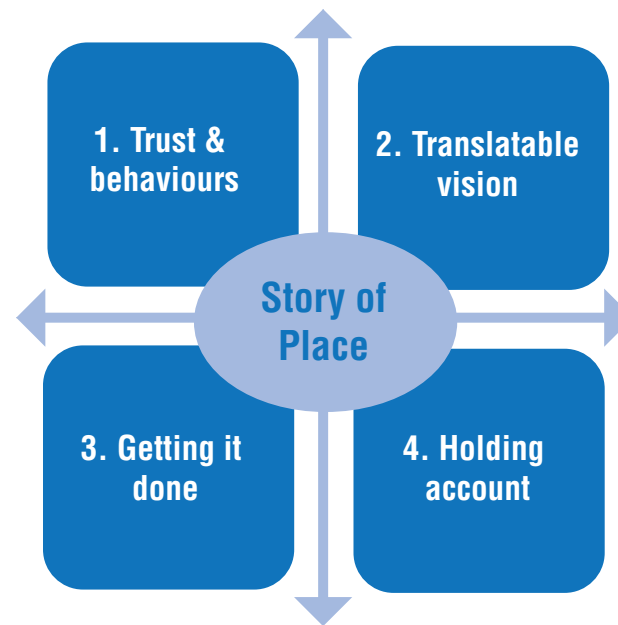
Working together - Development programme



In support of their role as system leaders, the Health and Wellbeing Board invests in developing the conditions to enable effective partnership working. It holds joint development sessions with Coventry Health and Wellbeing Board, as the 'Place Forum'. It is working together with a greater focus on prevention across Coventry and Warwickshire and has produced a Coventry and Warwickshire Health and Care 'Place Plan', which includes an updated concordat, a joint system design, greater sharing and visibility of information, and a Year of Wellbeing in 2019 with a strong focus on prevention to improve health and wellbeing.



Concordat



Place Plan



Year of Wellbeing



Looking ahead - Work Programmes

Areas of Focus:

Each year, the Health and Wellbeing Board will focus on a number of specific areas which support the wider strategic priorities and principles in the joint Concordat. For 2019-20 the areas of focus will be:

-  **Prioritising prevention** - with a Year of Wellbeing across Warwickshire and Coventry
-  **Strengthening communities** - with a particular focus on improving housing and wellbeing with our district and borough councils, and also providing early help for vulnerable children.
-  **Coordinating services** - working together to provide a better service to our customers, such as through the Out of Hospital programme.
-  **Sharing responsibility** - we will commit to working together to improve the health and wellbeing of our communities, and review our plans and progress each year in our annual review.

We recognise that our progress and priorities should be regularly reviewed, so our areas of focus will be reviewed each year, and there will be a further refresh of the strategy in 2020.

Year of Wellbeing



The vision for the Year of Wellbeing is that "People in Coventry and Warwickshire will be part of a strong community, and feel inspired and empowered to improve their own health and wellbeing, and that of others, in 2019 and beyond." It will focus on celebrating all the good work currently underway, and three early themes of:

-  **Children's Physical Activity**
-  **Workforce wellbeing;** and
-  **Start a Conversation**



During 2019/20 partners will also work towards the development of an Integrated Care System across Coventry and Warwickshire. This is a partnership of NHS organisations, local authorities, third sector and other partners working together to plan and commission care to improve health and wellbeing in local areas. Partners will work together to:

-  Tackle key challenges facing the care system
-  Integrate services to focus on those most at risk of developing acute illness
-  Provide more community based services in partnership with social care, the voluntary and community sector
-  The local Health and Wellbeing Partnerships of Warwickshire North, Rugby and South Warwickshire will play a vital role in delivering the health and wellbeing strategy to meet the needs of local people, with a greater focus on prevention, early intervention and self-care to help people stay healthier for longer.

Partners Involved



Warwickshire North
Clinical Commissioning Group



South Warwickshire
Clinical Commissioning Group



George Eliot Hospital
NHS Trust



South Warwickshire
NHS Foundation Trust



Coventry and Rugby
Clinical Commissioning Group



University Hospitals
Coventry and Warwickshire
NHS Trust



Coventry and
Warwickshire Partnership
NHS Trust



England



North Warwickshire
Borough Council



Public Health
England



west midlands
police and crime
commissioner



Philip Secombe
Police and Crime
Commissioner
for Warwickshire



